


# Together, let's put youth at the of our reflections and actions

  
By **consulting**  
them

  
By **listening** to  
them

  
By **considering**  
them

  
By **involving**  
them

To make a real and lasting impact in their lives,  
on their peers, in the community, and  
on the services they receive

## Why involve youth ?

Because this involvement has a positive effect on everyone!

It allows youth to :

- Develop their **initiative**, **autonomy** and **leadership** skills
- **Socialize** and develop a **sense of belonging**
- Gain **experience** and learn more about themselves
- Enjoy **successes** that foster a sense of **pride** and **accomplishment**





It allows stakeholders to :

- Get out of their comfort zone and try **new ways of working**
- **Learn** from the youth's knowledge and experience
- Provide youth with learning opportunities and **witness** their growth
- Provide **more youth-friendly services**

Involving youth also promotes intergenerational connections  
and leads to shifts in our perceptions.

## How to involve youth?

The possibilities of where, how, and when to get youth involved are endless. All you need to do is take the first step!

 <b>Inform them</b>	 <b>Consult them</b>	 <b>Involve them</b>	 <b>Enable them</b>
<ul style="list-style-type: none"> <li>• Focus on communication channels used by youth</li> <li>• Use accessible vocabulary and explain terms that are more complex</li> </ul>	<ul style="list-style-type: none"> <li>• Reach them where they are: schools, youth centers, etc.</li> <li>• Use different approaches: surveys, focus groups</li> <li>• Follow up on their ideas and inputs</li> </ul>	<ul style="list-style-type: none"> <li>• Create committees: event or activity organization, budget management</li> <li>• Integrate them into decision-making bodies: Board of Directors, hiring committee, etc.</li> </ul>	<ul style="list-style-type: none"> <li>• Set realistic, short-term goals</li> <li>• Suggest specific tasks</li> <li>• Provide the support and tools required to accomplish the tasks</li> </ul>

## Must-haves for successful youth involvement

- ✓ Engage youth from all backgrounds and personalities
- ✓ Involve youth from the very beginning of the project and adapt to their pace
- ✓ Facilitate their participation: adjust meeting times and places, offer lunch, etc.
- ✓ Provide feedback on their participation and acknowledge their contributions
- ✓ Letting go, accepting the discomfort and trust youth

## Join Communities Building Youth Futures!

### References in French

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For more information

